

FOOD FUN

2017 DECEMBER

INDIAN HILL PRIMARY SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pepperoni or Cheese Pizza Grilled Cheese w/ Tomato Soup All American Salad w/ Dinner Roll Sides: Steamed Spinach, Baby Carrots, Garden Salad, Fresh Mixed Fruit, Fresh Pineapple Tidbits, Assorted Juice, Milk
4 Meatloaf w/ Brown Gravy & Dinner Roll Chicken Nuggets w/ Pretzel Ham Chef Salad w/ Dinner Roll Sides: French Fries, Fresh Broccoli, Garden Salad, Fresh Apple Wedges, Mixed Fruit, Fruit Juice, Milk	5 Chicken Mashed Potato Bowl w/ Pretzel Hamburger or Cheeseburger Italian Salad w/ Ham & Dinner Roll Sides: Steamed Zucchini, Red Pepper Strips, Garden Salad, Fresh Orange Wedges, Diced Peaches, Apple Juice, Milk	6 Cheesy Baked Penne Hot Dog on a Bun Breaded Chicken Caesar Salad w/ Dinner Roll Sides: Steamed Carrots, Zucchini Slices, Garden Salad, Fresh Banana, Diced Pears, Grape Juice, Milk	7 Tater Bite Chicken Nachos w/ Tortilla Chips Chicken Patty Sandwich Turkey Chef Salad w/ Dinner Roll Sides: Campfire Chipotle Beans, Celery Sticks, Garden Salad, Fresh Strawberries, Applesauce, Orange Juice, Milk	8 Pepperoni or Cheese Pizza Grilled Cheese w/ Tomato Soup All American Salad w/ Dinner Roll Sides: Steamed Broccoli, Baby Carrots, Garden Salad, Fresh Mixed Fruit, Fresh Pineapple Tidbits, Assorted Juice, Milk
11 Breaded Mozzarella Sticks w/ Marinara Chicken Nuggets w/ Pretzel Ham Chef Salad w/ Dinner Roll Sides: Golden Corn, Fresh Broccoli, Garden Salad, Fresh Apple Wedges, Mixed Fruit, Fruit Juice, Milk	12 Cheeseburger Rolletto Hamburger or Cheeseburger Italian Salad w/ Ham & Dinner Roll Sides: Green Beans, Red Pepper Strips, Garden Salad, Fresh Orange Wedges, Diced Peaches, Apple Juice, Milk	13 Orange Popcorn Chicken w/ Broccoli & WG Rice Hot Dog on a Bun Breaded Chicken Caesar Salad w/ Dinner Roll Sides: Steamed Carrots, Zucchini Slices, Garden Salad, Fresh Banana, Diced Pears, Grape Juice, Milk	14 French Toast Sticks w/ Syrup & Sausage Patty Chicken Patty Sandwich Turkey Chef Salad w/ Dinner Roll Sides: Black Charro Beans, Celery Sticks, Garden Salad, Fresh Strawberries, Applesauce, Orange Juice, Milk	15 Pepperoni or Cheese Pizza Grilled Cheese w/ Tomato Soup All American Salad w/ Dinner Roll Sides: Steamed Spinach, Baby Carrots, Garden Salad, Fresh Mixed Fruit, Fresh Pineapple Tidbits, Assorted Juice, Milk
18 Salisbury Steak w/ Parsley Egg Noodles & Brown Gravy Chicken Nuggets w/ Pretzel Ham Chef Salad w/ Dinner Roll Sides: Green Beans, Fresh Broccoli, Garden Salad, Fresh Apple Wedges, Mixed Fruit, Fruit Juice, Milk	19 Chicken Mashed Potato Bowl w/ Pretzel Hamburger or Cheeseburger Italian Salad w/ Ham & Dinner Roll Sides: Steamed Carrots, Red Pepper Strips, Garden Salad, Fresh Orange Wedges, Diced Peaches, Apple Juice, Milk	20 Chili Mac Hot Dog on a Bun Breaded Chicken Caesar Salad w/ Dinner Roll Sides: Steamed Zucchini, Zucchini Slices, Garden Salad, Fresh Banana, Diced Pears, Grape Juice, Milk	21 Mini Corn Dogs Chicken Patty Sandwich Turkey Chef Salad w/ Dinner Roll Sides: Kickin' Pinto Beans, Celery Sticks, Garden Salad, Fresh Strawberries, Applesauce, Orange Juice, Milk	22 Pepperoni or Cheese Pizza Grilled Cheese w/ Tomato Soup All American Salad w/ Dinner Roll Sides: Steamed Broccoli, Baby Carrots, Garden Salad, Fresh Mixed Fruit, Fresh Pineapple Tidbits, Assorted Juice, Milk
25 CHRISTMAS BREAK NO SCHOOL	26 CHRISTMAS BREAK NO SCHOOL	27 CHRISTMAS BREAK NO SCHOOL	28 CHRISTMAS BREAK NO SCHOOL	29 CHRISTMAS BREAK NO SCHOOL

More Info...

LUNCH \$3.10
 A lunch consists of 5 components:
 1 meat/meat alternate (protein)
 1 Grain
 1 Vegetable
 1 Fruit
 1 Milk

All main lunch items meet the meat/meat alternate and grain requirement which counts as 2 components.

STUDENTS MUST TAKE AT LEAST 3 of 5 components and 1 MUST BE A FRUIT OR VEGETABLE FOR IT TO BE A LUNCH, OTHERWISE IT MUST BE CHARGED A LA CARTE.

The following are available for purchase a la carte:

Extra Entrée \$3.10
 Extra Fruit \$.90
 Extra Vegetable \$.90
 Small Water \$.65
 Milk \$.65

Our lunches focus on nutrient dense whole grain breads, buns, and rolls.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.



Available Daily...

SunButter & Jelly Sandwich
 Yogurt Boat (4 oz. Yogurt, String Cheese, Muffin)
 Variety of Fruit
 Variety of Vegetables
 Variety of 1% and Skim Milk

Menus are subject to change without notice.

